

# KURSPLAN

# VITA REHA

gültig ab 06.07.2020 (Änderungen vorbehalten)

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG
	09:30 - 10:15 Reha Basic		08:15 - 09:00 Reha Basic	09:00 - 09:45 Reha Basic Sitz
10:00 - 10:45 Reha Basic				
11:00 - 11:45 Reha Basic		11:00 - 11:45 Reha Basic		12:00 - 12:45 Reha Basic
12:00 - 12:45 Reha Basic Lunge				13:30 - 14:15 Reha Basic
14:00 - 14:45 Reha Basic	15:00 - 15:45 Reha Basic		14:00 - 14:45 Reha Basic	14:30 - 15:15 Reha Basic
15:00 - 15:45 Reha Basic	16:00 - 16:45 Reha Basic	16:30 - 17:15 Reha Basic	16:30 - 17:15 Reha Basic Lunge	
17:00 - 17:45 Reha Basic	17:00 - 17:45 Reha Basic		17:30 - 18:15 Reha Basic	